



**Adaptive Behavior Analysis (ABA) Request for Continued Authorization  
CBHA**

Please provide the following information,  
by fax to (336) 499-4006, Attention: Utilization Management  
Phone number for CBHA: (800) 475-7900

**Member's Name:** \_\_\_\_\_  
**Member's DOB:** \_\_\_\_\_  
**Insurance ID#:** \_\_\_\_\_  
**Guardian Name and phone number:** \_\_\_\_\_  
**Agency Name and address:** \_\_\_\_\_  
 \_\_\_\_\_  
**Agency contact name and phone number:** \_\_\_\_\_  
**Date ABA services began:** \_\_\_\_\_  
**Location of services:**  Home  Office  Community  School  Other: \_\_\_\_\_  
**Current Service Schedule:** \_\_\_\_\_  
**Other Services:**  Speech Therapy  Occupational Therapy  Physical Therapy  
**Diagnosis:** \_\_\_\_\_  
**Medications:** \_\_\_\_\_  
**School Information:** \_\_\_\_\_

**Background Information:**

**Behavior Reduction Goals (please copy the graph for each of your goals) :**

Target Maladaptive Behavior Name	
Definition of behavior	
Function	
Baseline	
Antecedent	
Proactive Strategies	
Reactive Strategies	
Behavior Reduction Goal	

Enter Graph:

---

P. O. Box 571137  
 Winston-Salem, NC 27157-1137  
 (800) 475-7900

An LLC owned by East Carolina University, The University of North Carolina-Chapel Hill and Wake Forest University



Progress summary of behavior \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Adaptive Assessment – You will need to submit scores from an adaptive behavior scale. The most commonly used are the ABAS-3 or the Vineland and, for your convenience, we included space to input the scores for either of these assessments. You can choose to use one these evaluations or an alternative evaluation (ex DAY-C, HELP, etc) in which you would need to modify the domain names below.**

**ABAS-3 Scoring Information**

Categories	Percentile Rank	Baseline Percentile Rank Current	Classification Baseline	Classification Current
GAC				
Conceptual				
Social				
Practical				

ABAS-3 Skill Areas	Classification Baseline	Classification Current
Communication		
Community Use		
Functional Pre- Academics		
Home Living		
Health and Safety		
Leisure		
Self-Care		
Self-Direction		
Social		
Motor		

**Vineland Adaptive Behavior Scales, 2nd Edition Scores:**

Domain	Baseline Standard Score	Current Standard Score	95% Confidence Interval	Age Equivalent	Adaptive Level
<b>Communication</b>					

P. O. Box 571137  
 Winston-Salem, NC 27157-1137  
 (800) 475-7900

An LLC owned by East Carolina University, The University of North Carolina-Chapel Hill and Wake Forest University

Receptive					
Expressive					
<b>Daily Living Skills</b>					
Personal					
Domestic					
Community					
<b>Socialization</b>					
Interpersonal Relationships					
Play and Leisure Time					
Coping Skills					
<b>Motor Skills</b>					
Fine Motor					
Gross Motor					
<b>Adaptive Behavior Composite</b>					
<b>Maladaptive Behavior Index</b>					
Internalizing					
Externalizing					
Other					

- Baseline Standard Score- this score should never change
- Current Standard Score-The standard scores reported have an average of 100 and a standard deviation of 15.
- The confidence intervals are a range of scores that reflect a high probability that an individual’s true score falls within that range.
- Age-equivalents indicate the average age of the individual from the Vineland-II normative sample who obtained the same raw score as the individual currently being assessed.
- Adaptive bevels are scored on a 5 point scale from Low to High.

**Skill Acquisition goals (Please copy the chart and enter a new chart for each goal. You are not required to have a goal for every area)**

**Communication Goal(s)**

Goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

**Optional Graph:**

---

P. O. Box 571137  
 Winston-Salem, NC 27157-1137  
 (800) 475-7900

An LLC owned by East Carolina University, The University of North Carolina-Chapel Hill and Wake Forest University

Progress summary	
------------------	--

**Adaptive Living Skills Goal(s)**

Goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

Optional Graph:

Progress summary	
------------------	--

**Socialization Goal(s)**

Goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

Optional Graph:

Progress summary	
------------------	--

**Caregiver Training Goals: (Please copy the chart for every caregiver goal. You are required to have and track caregiver goals)**

Caregiver goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

Optional Graph:

Progress summary	
------------------	--



Caregiver goal with mastery criteria	
Definition/Topography	
Baseline Data	
Antecedent	
Current Data	

Optional Graph:

Progress summary	
------------------	--

**Discharge Criteria:**

**Transition Plan:**

**Summary of Member's Progress:**

**Recommended Services:**

**Additional Services:**

**Signature with license:** \_\_\_\_\_

**Date:** \_\_\_\_\_

---

P. O. Box 571137  
Winston-Salem, NC 27157-1137  
(800) 475-7900

An LLC owned by East Carolina University, The University of North Carolina-Chapel Hill and Wake Forest University